

# SPECIAL OLYMPICS - MASC



ACCEPTANCE  
SPIRIT **Be a fan of** UNITY  
RESPECT  
INCLUSION



## GET INVOLVED

**Be a Fan**

**Project Unity**

**Young Athletes Program**

**R Word Campaign**

**Volunteer at an event**

**Fundraise**



# SPECIAL OLYMPICS

Missouri SOMO – [www.somo.org](http://www.somo.org)

Trish Lutz – Missouri Liaison, Jeff City office  
Missouri area directors listed on website  
Area activities/State activities

Special Olympics International – [www.specialolympics.org](http://www.specialolympics.org)

Eunice Kennedy Shriver Day -[www.eunicekennedyshriver.org/](http://www.eunicekennedyshriver.org/)  
Celebrated in September each year

Spread the Word to End the Word – [www.r-word.org](http://www.r-word.org)

Missouri celebrates this event – great info in emails and on MO SOMO website – Are You? A Believer

SOMO videos are hosted on our YouTube/SchoolTube sites

Be a Fan – [www.specialolympics.org/be\\_a\\_fan.aspx](http://www.specialolympics.org/be_a_fan.aspx)

Take your council to a SOMO event and cheer for teams  
Make posters/signs for a SOMO event  
**BE THERE!**

Polar Bear Plunge – many councils raise money for this event and plunge into the freezing waters. There are plunges held all over the state.

Duck Race – MASC hosts a Duck Race each year at our Summer Leadership workshop. Delegates are encouraged to Adopt a Duck for a Buck. SOMO also sponsors Duck Races around the state.

Young Athletes Program – Your council can provide assistance to future athletes by hosting a YAP program. Supplies and guidelines are available through the Jeff City office.

Youth Advisory Council – These athletes and their unified partners meet just like a STUCO. They also attend our Summer Leadership Workshop.