



Dear State Student Council Members,

This year Timberland High School Student Council is in charge of organizing the **High School Discussion Groups** for the 2010 MASC State Convention. We have decided to compile a descriptive list of discussion groups in order to make things run a little bit smoother. We have provided a list of 30 topics you can choose from and a detailed sheet that will aid you in creating your workshop. **These are the only topics you may choose from.** If your council is interested in leading a discussion group, please contact us via e-mail. In your response, be sure to include the name of the discussion group and a list of specific details you will be discussing during the workshop. Please reply no later than Friday February 19, 2010. Thanks!

If you are interested in leading:

- 30 minute presentation
  - Ice breaker
  - Prepared outline
  - Discuss topic to exchange ideas
- Visual aids
- Hand-outs (100 copies)

Sincerely,

Timberland High School  
MASC 1<sup>st</sup> Vice President

Sara Mesker (Committee Chair):

[meskersara@gmail.com](mailto:meskersara@gmail.com)

Cell: 636-357-2154

Jim Andrzejewski (Advisor):

[jimandrzejewski@wentzville.k12.mo.us](mailto:jimandrzejewski@wentzville.k12.mo.us)

STUCO number: 636-327-3988 ext. 2729



## High School Workshop Application

We are looking for schools to lead workshops during the state convention. Here is your chance to share the fun and beneficial activities that your student council organizes throughout the year. If you are interested in presenting, please fill out the form below. Please return it to Timberland High School, Jim Andrzejewski (Advisor):

[jimandrzejewski@wentzville.k12.mo.us](mailto:jimandrzejewski@wentzville.k12.mo.us)

STUCO number: 636-327-3988 ext. 2729

Fax: 636-327-3922

**Deadline February 19, 2010. Thanks!**

School Name: \_\_\_\_\_

Presenter's Name(s): \_\_\_\_\_

### Title of Workshops

\_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Technology Needs: \_\_\_\_\_

## Discussion Groups

1. Save the Planet
2. Special Olympics
3. Assemblies
4. Involvement of clubs
5. Organizing a campaign
6. Spirit
7. Community Service
8. Faculty Relations
9. Student Relations
10. Homecoming Week
11. Mixer ideas/ dance themes
12. Fundraising
13. Ice Breakers
14. Retreats
15. Stuco Bonding
16. Teacher Appreciation
17. Public Speaking
18. Parliamentarian Procedure
19. Publicity
20. Relay for Life
21. Officer Roles
22. School Year Themes
23. Commissioner Jobs/Reports
24. Don't Worry, Be Happy
25. Pink Night (Special Cause Awareness)
26. Public Relations/School Board Liaison
27. MASC Camp
28. Senior Citizen Services
29. School Drives
30. School Bonding

### **Save the Planet**

- Earth Week
- Hug a Tree
- Sell t-shirts
- Recycling
- Turn off lights (1 min. each class on Earth Day)

### **Special Olympics**

- Volunteering
- Cheering the kids on
- Concessions
- Refereeing
- Good Sportsmanship

### **Assemblies**

- Kick off school year
- Inspirational for playoffs
- Homecoming/Fall Sports
- Winter Sports
- Spring Sports

### **Involvement of All Clubs**

- Join with a club for drives
- Garage sale
  - \*Each club has a parking spot in the parking lot
- Festival
  - \* Each club can become a fundraising booth
- Relay for Life

### **Organizing a Campaign**

- Create a theme
- Flyers/posters/banners
- Hand-outs
- Speech
- Dress up

### **Spirit**

- Spirit days
- Class competition
- Spirit Club (discount off games and dances/ t-shirt)
- Club of the Month

### **Community Service**

- Rake & Run
- Caroling
- Blood Drive
- Canned Food Drive
- Senior Citizen Homecoming
- Halloween Safety
  - \*Go to elementary and put on skit of safety rules
- Relay for Life

### **Faculty Relations**

- Treat for teachers' birthdays
  - \*You're "souper"
  - \*Thanks for "pudding" up with us
- Teacher of the month
- Go to faculty meetings

### **Student Relations**

- Student of the month
- New Student Breakfast
- Leadership BBQ
- Senior Superlatives

### **Homecoming Week**

- Spirit days
- Car Bash
- Assembly
- Sell dance tickets
- Powder puff game
- Bon fire after powder puff
- Homecoming game
- Parade

### **Mixer Ideas/ Dance Themes**

- Games themes (Candyland, Monopoly)
- Under the Sea
- Onyx Ball
- Snowflake soiree
- Techno
- 80s Flashdance
- Arabian Nights
- Fire and Ice

### **Fundraising**

- Pictures with Santa
- Guess how many Hershey kisses in a jar
- Car Bash
- Carry jar around for loose change
- Balloon release in memory of something/someone
- Root Beer Float Day
- Hot Chocolate
- Candy Grams
- Data Match (questions match you with someone in school)

### **Ice Breakers**

- Wa!
- Signs
- Pterodactyl
- Baby I love you?
- The Lap Game
- Do you love your neighbor?

### **Retreats**

- Summer to bond Stuco's new members
- Ice breakers
- Discuss theme of year and homecoming

### **Stuco Bonding**

- Team Building
- Leadership lessons
- Celebrate birthdays
- Bon fires
- Lock-ins

### **Teacher Appreciation**

- Give teachers small gift for birthday
  - \*Thanks for "pudding" up with us
  - \*You're "souper"
- Doughnuts and juice one morning
- Cake in the faculty rooms one morning
- Teacher of the month
- Make baby baskets for newborns of the teachers

### **Public Speaking**

- Good eye contact
- Speak slowly and clear
- Don't fidget
- Avoid filler words
- Transition from point to point

### **Parliamentarian Procedure**

- Call meeting to order
- Officer reports (include minutes/what happened at the meeting prior)
- Projects reports (Homecoming/Blood drive)
- Commissioner Reports (Community Services/Fundraising)
- Old business
- New business
- Advisor's report

### **Publicity**

- Flyers
- Banners
- Hand-outs
- Announcements
- Calendar
- Toilet Talk

### **Relay for Life**

- Recruit teams
- Publicize
- Contact American Cancer Society
- Fundraising
- Community Involvement
- Plan activities throughout the night
  - \*Movie on a big screen
  - \*Washer/Hill-billy golf/kickball tournaments

### **Officer Roles**

- President- acts as a spokesperson when needed
- Vice President- serves as the liaison to MASC and the district
- 2<sup>nd</sup> Vice- liaison to newspaper and yearbook staff
- 3<sup>rd</sup> Vice- overlooks assigned projects and committees
- Commissioner Vice- oversees all commissioner jobs
- Secretary- handles correspondence
- Treasurer- keeps records of all Student Council's funds
- Parliamentarian- presides over all grievance meetings and keeps records of all grievances

### **School Year Themes**

- Jungle
  - "We'll get you into the swing of things"
- Pirates
  - "Taking you aboard the leadership"
- Pilots
  - "Taking you to new heights"
- Pit Crew
  - "It's gonna be a 'Goodyear'"
- Lion King
  - "We'll guide you through the circle of life"

## **Commissioner Jobs**

- Internal Relations
  - \*Bond Stuco
- Publicity
  - \*Advertising events
- Fundraising/Community Relations
  - \*Plan fundraisers
  - \*Plan community service projects
- ASC
  - \*Associate Student Council
  - \*Club for those not in Stuco to help out
- Student Relations
  - \*Student of the Month
  - \*Tours for new students
  - \*New Student Breakfast/ BBQ
  - \*Senior Superlatives
- Faculty Relations
  - \*Teacher of the Month
  - \*Attend faculty meetings
- Art Commissioner
  - \*Get art supplies
  - \*Calendar
  - \*Keep art supplies organized
- Spirit
  - \*Plan spirit weeks
  - \*In charge of spirit club
- Public Relations
  - \*Thank you cards
  - \*Attend Board Meetings
- Photo Historian
  - \*Take pictures at all events
  - \*Make scrapbook of year

## **Don't Worry, Be Happy**

- Worry Jar
  - \*Write down worries, read at end of month
- Snaps Jar
  - \*Write down complements, read at end of week
- Positive/Negative after meeting
- Games about feelings
  - \*Throw ball across circle

### **Pink Night (Special Cause Awareness)**

- Recruit sponsors
- Organize raffles
- Organize donation basket throughout night
  - \*Pipe for home and away team- fill by end of night
- Half-time activity
  - \*Basketball- by ball for \$1- shoot from half court
  - \*Football- by ball for \$1- kick a field goal
- Design t-shirts
  - \*Sell during lunches and at event
  - \*Special warm-up t-shirts for players
- Donate money to cancer foundation

### **Public Relations/ School Board Liaison**

- Talk to school board about upcoming activities
- Talk to public relations guy of the community
- Write thank you notes

### **MASC Camp**

- Magic of Fulton
- Bonding Activities
- Teach camp songs
- Team building

### **Senior Citizen Services**

- Senior Citizen Homecoming/Prom
- Visiting senior care centers
- Rake and Run in older subdivisions

### **School Drives**

- Canned-Food Drive
- Blood Drive
- Clothing Drive
- Toy Drive
- Book Drive

### **School Bonding**

- Assemblies
- Senior sunset/sunrise
- Dances
- Flick on the Field
- Mr. THS